Share a book letter: *Think Again*

Subject: The power of knowing what you do not know

Dear ……… ,

*The power of knowing what you do not know*

The book *Think Again* is about walking the path of *thinking* and *rethinking,* developing the power of knowing what you do not know*. Rethinking* is about adopting mental flexibility and about succeeding where you failed in the past. We need to spend as much time *rethinking* as we do thinking. Decisiveness thinking is overrated, we must learn to think like a *Scientist*. As a result, most effective people score high in both, *confidence* and *humility* by *rethinking,* resulting in importantcharacteristic traits.

The smarter you are, the more complex the problems you can solve and the faster you can solve them. Intelligence is traditionally viewed as the ability to think and learn. What now matters more in this world is the ability to *rethink* and *unlearn*. Those who do *rethink* their first answers improve their scores more, than those who stay anchored to initial thoughts. We often prefer the ease of hanging on to *old* views over the difficulty of fighting for *new* views. We hesitate at the very idea of *rethinking.*

*Rethinking* is about adopting *mental flexibility*. It’s about succeeding where we failed in the past. Don’t rely only on things you know, assumptions you make, or opinions you hold. Open your mind in *flexibility* rather than *consistency*. If you cannot change your minds, you cannot change anything. *Rethinking* is a skill set and a mindset.

There is a lesson to learn how you can think and rethink like *Scientists* do. When you are searching for the truth, you need to shift in the face of sharper logic and stronger data. You run experiments to test hypotheses and discover new knowledge. Then hypotheses take a place in your lives, as they do in a laboratory and you start thinking more like a *Scientist.* And if you do, you will end up making smarter choices. This is how to learn *scientific thinking*. Have the flexibility to change your mind. Start testing alternative hypotheses.

*Rethinking* starts with intellectual humility, knowing what we don’t know. Recognizing your shortcomings, opening the door to doubt. As you question your current understanding of things, you become curious about what information you are missing. In this way you can see gaps in your knowledge. Never fall victim to the fat-cat syndrome by resting on your laurels, instead of pressure-testing your beliefs. Avoid being trapped in an overconfidence cycle. You need to learn to recognize your cognitive blind spots and revise your thinking accordingly.

Humility is not a matter of having low self-confidence. Confidence is a measure of how much you believe in yourself. People with *confidence* and *humility* have faith in their strengths, but they’re also keenly aware of their weaknesses. They do have their doubts.Their strength is to unlock the joy of being wrong, detaching their present from their past and detaching their opinions from their identity. Who you are, is a question of what you value, not what you believe. Values are your core principles in life. You will care more about *improving* yourself than *proving* yourself. You must create a specific kind of accountability. Accountability that leads you to *think again*. Make *rethinking* a routine, a habit.

Listen to the engaging conversation in the *Podcas*t, study the *Mindmap* and the *Actions for Impact*, then read the *Summary*.

<https://globalreadingclub.com/books/think-again>

Enjoy reading and listening.

(Your name)

P.S. Attached is the Newsletter, covering the book *Think Again*